

THE I AM CARD

A Personal and Team Tool from "I'm Not Just an Educator"

The idea:

Moving from "I'm just" to "I AM" is more than changing a phrase. It is a shift from minimizing language to identity language - naming the qualities, purpose, and impact we bring to others.

What we repeatedly declare can shape how we show up.

CREATE YOUR I AM CARD

Choose words that describe how you want to show up for students, colleagues, families, and yourself. Focus on identity, not job title.

I AM...

ANCHOR IT IN ACTION

1. What will this identity look like in one interaction today?

2. Who on your team could benefit from hearing what you see in them?

DOCKSIDE DIALOGUE

What changes when a team starts naming strengths, purpose, and impact out loud?

"Move from minimizing who you are to declaring who you choose to be."

- Dr. Joe Famularo

Want more Anchoring Practices, Dockside Dialogues, and team tools?

Explore "I'm Not Just an Educator: Moving from 'I'm Just' to 'I AM' - The IOU Way."

IAmPerson.com

